



# STICKS & STONES

## THERAPEUTIC SERVICES

### Fees and Referral Process

To access intake forms for Sticks and Stones Therapeutic Services, please visit <https://sticksnstonestherapy.com.au/document-library/>. You will be contacted by a counsellor once these forms have been filled out and returned to [sticksnstonestherapeutic@gmail.com](mailto:sticksnstonestherapeutic@gmail.com).

We are currently registered to receive clients via:

- Medicare (including Better Access to Mental Health Care Program, Chronic Disease Management, Enhanced Primary Care Program, and Eating disorder treatment and management plans)
- Department of Veterans Affairs
- Employment Assistance Programs
- And Open Arms (Formerly Veterans and Veterans Families Counselling Services)

Kristina will also accept self-managed NDIS clients.

### Fees

Couples Counselling	\$225 per session
Family Therapy	\$225 per session
Individual Counselling - Adult	\$185 per session
Child/Adolescent Counselling	\$180 per session
Supervision	\$185.00 individual / \$65.00 group of 6 - 1.5 hrs

<b>After 5.30pm sessions and weekends</b>	
Individual Counselling	\$220 per session
Family Therapy	\$300 per session

Payment must be made 24hrs prior to session payable to:

**Account Name:** SticksnStones

**BSB:** 013920

**Acc:** 162992217

**Reference:** Client Surname and Date of Session

## Hours

Monday 11.30am - 6.30pm

Tuesday 11.30am - 6.30pm

Wednesday 11.30am - 6.30pm

Thursday 11.30am - 6.30pm

Friday 11.30am - 6.30pm

Please note that rooms will be closed during the school holidays.

## VICTIMs of Crime NSW and Victoria

Kristina is currently registered with Victims of Crime in NSW and Victoria, and is able to receive referrals for counselling for adults and children who are registered with this service or have funded sessions available.

## Medicare rebates

Medicare rebates are available for psychological treatment under the Better Access Initiative provided by the federal government. Once a GP assesses you under a Mental Health Care Plan, they will provide you with a referral letter to your selected support service. If you are choosing Kristina to be your nominated therapist, the letter from the GP must be directed to her with the number of sessions requested.

When you have presented the valid referral, you will be able to claim a percentage of your fee from Medicare. Currently, Medicare will reimburse approximately **\$78.80 per session**.

Currently, due to COVID rebates, clients are eligible for rebates for up to 20 sessions per calendar year. For more information on the Better Access Initiative, please visit <https://www.health.gov.au/initiatives-and-programs/better-access-initiative>.

## Private Health Insurance rebates

As a Clinical Member of PACFA, Kristina is eligible for private health rebates and Workcover. Kristina has currently let her First Aid requirements lapse and intends to complete this once COVID settles. Please discuss with your insurer to determine if you are covered for psychological services with an Accredited Mental Health Social Worker.

Once you have contacted Sticks and Stones, a thorough assessment will determine whether counselling is the best service for you, your child, and your family.