



Assessment Policy

Kristina understands her limitations, she is also aware that it can be impossible to be an expert in everything. Kristina has developed the skills to formulate a thorough mental health assessment having worked in clinical mental health settings. Kristina understand that many behaviours can be linked to genetic and biological factors e.g. autism, anxiety, dyslexia . After assessment Kristina will have the ability to provide the best pathway for clients by providing guidance and referral if needed, to other professionals such as psychiatrists, clinical psychologists , paediatricians , speech therapist, occupational therapists and G.Ps. her priority is to provide the best holistic care for your child. Understanding that the care for your child may need to take on a systemic approach that entails other professionals.